Links to Related Sites for Therapeutic Touch

<u>Canadian Holistic Nursing Association</u> The objective of the Association is to further the development of holistic nursing practice in order to ensure that professional health maintenance and promotion services are made available to the people of Canada. Click on link to learn more.

<u>Complementary Therapies Nurses Interest Group</u> The Complementary Therapies Nurses Interest Group (CTNIG) of the Registered Nurses' Association of Ontario supports, acts as a resource for and raises the profile of nurses who practice Complementary Therapies.

Registered Nurses' Association of Ontario The Registered Nurses' Association of Ontario (RNAO) is the professional association representing registered nurses in Ontario. RNAO interest groups, such as the CTNIG (see above) represent a unique specialty or population within the nursing spectrum. Together they illustrate the remarkable diversity of the profession. They offer a range of professional resources and support, both personal and sometimes financial, through bursaries and awards.

<u>New Dimensions</u> This fascinating organization has regular radio broadcasts throughout North America, a newsletter and a site which introduces you to some of the leading edge thinkers of our time. Each month two of their speakers can be downloaded on site and listened to without charge.

The International Society for the Study of Subtle Energy and Energy Medicine (ISSSEM) This organization is bringing together leading researchers in the fields of subtle energy and medicine energy, consciousness and wellness with clinicians, healers and 'ordinary people' who are using subtle energies in their daily lives and want to further explore possibilities. They accept Therapeutic Touch™ as the physical manifestation of subtle energies.

<u>The Institute of Noetic Science</u> Noetic means "knowing". Founded by Edgar Mitchell when he returned from his Apollo 14 Mission, this is an outstanding organization with 50,000 world wide members and community groups in many North American cities. Members connect at the Noetic Café.

<u>French visitors</u> PasseportSanté is the largest french language web site dedicated to integrated medicine. Among its many sections, it presents a very large database of thousand of therapists, training centers, wellness centers, etc., a virtual clinic where one can get real answers to health problems by specialists, weekly news on scientific researchs regarding integrative medicine and a resource guide of therapies with facts sheets, articles and links to the best specialised sites. It's in this section that TTNO is listed under the «toucher thérapeutique» listing.

Passeportsanté est le principal site en français consacré B la jonction de la médecine conventionnelle et des approches alternatives de santé. On y trouve (entre autres) une banque de données sur des intervenants, des centres de formation et des centres de santé, une clinique virtuelle oj des spécialistes répondent aux questions de santé et un guide des thérapies comprenant des fiches de base sur les différentes approches, des liens sur les meilleurs sites spécialisés et des articles de référence. C'est dans cette section que se trouve le lien sur le TTNO sous la rubrique «toucher thérapeutique».

<u>Nursing Home Abuse</u> This site has an incredible amount of good information about this serious concern. Elder abuse, particularly when it involves a patient in a residential care facility, can be difficult to detect. For every reported case of abuse, more than five cases may go unreported.

The University of Minnesota's <u>Center for Spirituality & Healing and Charlson Meadows</u> website. This site, "Taking Charge of Your Health and Wellbeing", explores the concept of wellbeing and includes integrative healing practices for healthcare. This link takes you to the section describing Therapeutic Touch. Explore the whole website for insights into how to achieve a sense of wellbeing.

<u>CAN BE WELL</u> is the Canadian Association of Bioenergetic Wellness. It is a national voice for those of us involved with the variety of energy healing modalities across Canada. The website is upbeat and a user friendly calendar of a variety of upcoming courses/presentations many of which are free to members.

<u>CAMEO</u> - Complementary Medicine and Outcomes Program, University of Manitoba. CAMEO studies the complementary and alternative medicine (CAM) needs of people living with cancer, their support persons, and health care providers. It then develops education courses and lectures, published documents, and individualized institutional or organizational programs to help address those needs. CAMEO's research includes evaluating the use and usefulness of those developed resources and education programs.

Consciousness and Healing Initiative - This link takes you to the page where you can download the full report: *Energy and Biofield Healing: Evidence, Practice and Future Directions*. On page 32 there is a graph that compares the number of published peer-reviewed research studies for 10 complementary healing modalities. Energy Psychology and Therapeutic Touch lead the field!

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