



SELF-ASSESSMENT: TEACHING OF THERAPEUTIC TOUCH®

The Teacher Liaison Committee suggests that you fill in the *Self-Assessment: Teaching of Therapeutic Touch* at renewal time each year. The questions apply to workshops given and professional development completed between January 1 to December 31 of the past year, e.g., when renewing for 2019, you would be filling in information for 2018.

*This form is for your own information to assist you in your professional development. Please take the time needed to consider your responses thoughtfully. You are **not** required to return this form to the Teacher Liaison Committee but may wish to keep it in your personal teaching file for future reference.*

TEACHING OF THERAPEUTIC TOUCH

1. What have I enjoyed most about teaching Therapeutic Touch® this year?

2. What is the one thing that concerns me about my teaching? What am I currently doing about this?

3. What opportunities have I created to receive feedback from my teaching colleagues?

4. How do I assess a workshop/session as it proceeds?

5. How do I respond to feedback during a workshop or other teaching session?

6. What book or journal article did I read during the last year that has made an impression on me or a difference in how I approach my teaching?

7. What teaching strategy did I use last year that needs to be revised or discarded?

8. Have I implemented any new teaching strategy? Was it effective or not?

9. From the feedback I have received from my student evaluation forms, what strengths were identified?

10. What was identified that required change? Did I make any changes?

11. Have I encouraged any of my students to become Recognized Practitioners?

12. What have I done in the last year to encourage other Therapeutic Touch teachers or student teachers?

RELATIONSHIP TO THE THERAPEUTIC TOUCH NETWORK OF ONTARIO

1. I have followed the *Curriculum and Guidelines for Teaching Therapeutic Touch*[®]
2. I am a TTNO member in good standing. This means that I have:
 - Paid my annual membership fee as a Recognized Teacher
3. I have met the requirements for maintaining my Recognized Teacher status. This means that during the past year I have completed one of the following:
 - Taught at least one Therapeutic Touch workshop
 - Reviewed a workshop submission for the Teacher Liaison Committee
 - Audited a Therapeutic Touch workshop, preferably a basic level, by another Recognized Teacher and completed the audit form developed for student teachers and reviewed it with the teacher of the workshop
 - Developed an approved new Continuing Education workshop
4. For my professional development I have done one of the following:
 - Attended a Teacher Day
 - Served actively on the Teacher Liaison Committee
 - Mentored a student teacher
 - Presented at a Teacher Day, a TTNO-approved event or at the Annual Conference
 - Facilitated a Professional Development Day
 - Attended a pre-approved workshop that enhanced your teaching of Therapeutic Touch
 - Completed a second item from the teaching requirements list in #3.
5. I have met the requirements of maintaining my Recognized Practitioner status. This means that I have completed one of the following Education Components, which consists of a minimum of eight hours of study specific to Therapeutic Touch and includes a Practicum,
 - Repeated any of the basic levels 1, 2 or 3 taught by a Recognized Teacher
 - Attended any other TTNO-approved Therapeutic Touch workshop
 - Attended and/or facilitated a Professional Development Day (PDD)

NOTE: *If used for maintaining Recognized Practitioner status, the same PDD cannot be used for maintaining Recognized Teacher status*
 - Attended an event approved by the Teacher Liaison Committee as an Education Component
 - Attended the full two-day TTNO Annual Conference with the inclusion of a practicum session
 - Attended a Therapeutic Touch event or workshop outside of Ontario

6. I have completed two or more of the following Therapeutic Touch Activities.

- Attended one or more additional Education Component items as noted in #5 above
- Attended an event approved by the Teacher Liaison Committee as a Therapeutic Touch Activity
- Have written a submission for *inTouch*
- Attended one day of the Annual Conference, with Practicum
- Attended a Branch meeting, at least five times in the past year
- Participated on behalf of Therapeutic Touch at a health fair
- Presented Therapeutic Touch at the Annual Conference or at a community event
- Offered Therapeutic Touch on a **regular** basis
- Served on a TTNO committee or participated in a Therapeutic Touch study or research
- Served as a mentor to a workbook practitioner
- Regularly supervised workbook practitioner case studies
- Attended a TTNO-approved Teachers Day

7. I have continued my practice of Therapeutic Touch. Suggestions include:

- Gave Therapeutic Touch sessions regularly
- Receive Therapeutic Touch sessions on a regular basis
- Regularly evaluated and improved my skills in Therapeutic Touch
- Continued a program of self-healing and personal growth
- Pursued a regular reading program of Therapeutic Touch texts and articles