

Therapeutic Touch® For Palliative Care

Benefits



- Promotes relaxation
- Reduces stress and anxiety
- Improves sleep
- Helps to manage pain
- Fosters a sense of peace

Gentle Healing Energy

“When you are finished it feels as though I am wrapped in a soft, warm blanket.”

L. Odie, Campbellford



TherapeuticTouch
Network of Ontario

www.therapeutictouchontario.org