October 18 - 20, 2019



The Fifth International Congress on

Therapeutic Touch®

Evolving with Therapeutic Touch:
The Future Consciousness of Healing Worldwide

Three Inspiring Keynote Speakers



Peninah Abatoni Kigali, Rwanda



Dolores Krieger
Columbia Falls, Mt, USA



Crystal Hawk
Toronto, Canada

Join Therapeutic Touch International Association and Therapeutic Touch Network of Ontario at the Kingbridge Centre, 12750 Jane St., King City, Toronto, Ontario



http://www.therapeutictouch.org http://www.therapeutictouchontario.org http://kingbridgecentre.com

Purpose

To promote personal growth and development of Therapeutic Touch® practice as a commitment to global healing.

Goals

- 1. To support the evolution of a global community of compassionate practitioners, researchers and educators to promote the Future Consciousness of healing worldwide.
- 2. To provide examples of how the practice-based Theory of Healing has evolved in various parts of the world.
- 3. To share self-reflective practices in the actualization of our roles as Therapeutic Touch practitioners

Plus Many Concurrent Breakout Sessions

The Fifth International Congress on Therapeutic Touch®

Evolving with Therapeutic Touch: The Future Consciousness of Healing Worldwide

Therapeutic Touch International Association (TTIA) and **Therapeutic Touch Network of Ontario (TTNO)** invite our Therapeutic Touch colleagues to learn together and to consciously work toward the promotion and expansion of Therapeutic Touch around the world. Our theme, **Evolving with Therapeutic Touch: The Future Consciousness of Healing Worldwide**, challenges us to deepen our connection with Therapeutic Touch and each other during our days together at TTIA's Fifth International Congress.

Keynote Presentations:

EVOLVING THE ROLE MODEL FOR THE FUTURE CONSCIOUSNESS OF THERAPEUTIC TOUCH

Dolores Krieger, PhD RN QTTT — Co-founder of Therapeutic Touch

THERAPEUTIC TOUCH IN THE QUANTUM WORLD

Crystal Hawk — Psychotherapist/educator, practitioner & teacher of Therapeutic Touch, Co-Founder of TTNO

OFFERING TT TO HOME CARE WORKERS IN RWANDA'S VILLAGES

Peninah Abatoni—Manager/Trainer at Village of Hope and Rwanda Women's Network, a teacher & practitioner of Therapeutic Touch

Therapeutic Touch practitioners and teachers from Australia, Europe, Africa, South America, and from across North America will be learning and sharing experiences. Our keynote speakers will engage your attention, providing inspiration, insight and memories for years to come. International presenters will address topics relevant to the Congress goals and enrich the advancement of our TT practices.

Nursing CNEs:

This activity has been submitted to the American Holistic Nurses Association (AHNA) for approval to award contact hours. The American Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

TTNO & TTNC Recognized Practitioners - Educational Components and Supervised Sessions:

You will receive a certificate confirming educational credits towards maintaining your RP status. Please bring your RP Workbook if you wish to obtain a supervised session(s).

Treasures for the Auction: Help facilitate the flow of energy by donating some of your treasures to the Congress' Silent Auction. Have your practice group create a basket or something beautiful for the auction, or donate something yourself. Funds raised help TTIA and TTNO to further our organizations' growth and development. Auction information? email Penny Craig at 2pennyc@bell.net. Let Penny know if your item is for the TTNO table or the TTIA table.

Recruit New Members to TTIA and receive \$10 off the Conference Fee for each new member (maximum reduction \$50.00). A prize will be given at the Congress to the person who recruits the most new members.

Lend Helping Hands: We need volunteers! • at the registration desk, • offer TT sessions to attendees, • act as timer for our presenters, • assist at Silent Auction, • for transportation, plus other interesting opportunities to be present. When you register, fill in the space calling for **volunteers** to offer your help. We will also have a TT room where you can both offer and receive TT sessions. Volunteering information? email Trish Dean at tdean@uoguelph.ca

The 2019 Congress will be held at **Kingbridge Conference Centre and Institute** 12750 Jane Street, King City, (Toronto), Ontario Canada L7B 1A3

Fun and Games Saturday Evening: Saturday evening is an optional Games Night in Kingbridge's fascinating library and games room. It is a time to relax while networking. No scores will be kept! No money will exchange hands!





Kingbridge is a full-service conference and event venue nestled on 114 acres, 30 minutes north of Toronto's metropolitan core. Transportation: Our Toronto members will do their best to aid people with transportation. Visit www.kingbridgecentre.com for driving directions. More information on ways to get to Kingbridge will be in your confirmation letter. Onsite parking is plentiful and complementary.

The Kingbridge Kitchen has partnered with the Living City Farm Community Supported Agriculture program and is committed to using local seasonal and greenhouse produce. They are willing to accommodate dietary restrictions with vegetarian, vegan, gluten free, dairy free options, in addition to meat and fish choices. Kingbridge has taken steps toward environmental sustainability and is working with us to reduce our carbon footprint.

Accommodations: Each room has either a single king sized bed or two double sized beds, and we will reserve rooms for 1, 2 or 3 occupants. See www.kingbridgecentre.com for photos of the accommodations. In addition to a quiet sleeping environment there is a full sized desk with high speed wireless Internet. See registration form for information regard-ing roommates and room sharing.

The Fifth International Congress on Therapeutic Touch® **Teachers' Day**

Friday October 18th, 2019

Open to current teachers, practitioners and those interested in becoming Therapeutic Touch® teachers

Presenters:

Marjorie Anderson, MS, RN, PMHCNS-BC-RET, QTTT; Kathy Arquette, EdM, CCMHP; Lin Bauer, MS, CCMHP, QTTT; Sue Conlin, BA, QTTT; Denise Coppa, PhD, APRN-CNP, FNP-C, QTTT; Mary Anne Hanley, PhD, RN, QTTT; Deborah Shields, PhD, RN, CCRN, QTTT, AHN-BC

Teaching Tools for Therapeutic Touch® Teachers

	8:30 - 8:45	Review of Program Purpose and Goals, Centering	S Conlin		
	8:45 – 9:00	On Dialogue & Therapeutic Touch (TT)	M A Hanley		
	9:00 – 10:30	"Expanding Consciousness:" the Art & Science of Teaching TT	D Coppa		
	10:30 – 11:00	Movement Break 10 minutes, Networking break 20 minutes	K Arquette		
	11:00 – 12:00	Creating a Safe Space for Teaching & Learning TT	D Coppa		
	12:00 – 12:30	Reflection & Dialogue on the Process of Learning & Teaching TT	D Coppa M A Hanley		
	12:30 – 1:30	Lunch – Included			
	1:30 – 2:30	Teachers Teaching Teachers	M A Hanley, L Bauer, S Conlin		
	2:30 – 3:00	Movement Break 10 minutes, Networking break 20 minutes,	K Arquette		
	3:00 – 4:30	Exploring Mentoring Strategies	M. Anderson, D Shields		
	4:30 – 5.00	Summary Dialogue On Teaching/Mentoring Strategies	M Anderson, D Shields M A Hanley, L Bauer, K Arquette, S Conlin, D Coppa		

The Fifth International Congress on Therapeutic Touch®

Evolving with Therapeutic Touch: The Future Consciousness of Healing Worldwide

General Congress Schedule

Friday, October 18, 2019

6:00 pm Exhibitors Hall Opens

6:30 - 7:15 pm Reception

7:30 - 8:00 pm Opening and Welcome

8:00 - 9:15 pm Keynote: Therapeutic Touch in the Quantum World -

Crystal Hawk, MEd, RT, QTTT

Saturday, October 19, 2019

8:00 - 8:30 am Welcome and Program Review, Centering Moment

8:30 - 9:45 am Keynote: Evolving the Role Model for the Future

Consciousness of Therapeutic Touch - Dolores Krieger, PhD RN QTTT

9:45 - 10:15 am Poster Session; Networking Break & Exhibitors

10:15 - 11:30 am Plenary Session: International Panel

Moderator - Rosa Ferrer de Dios Larroya, QTTT

12:00 - 1:00 pm TTIA Membership Meeting/Box Lunch - All are Welcome

1:30 - 3:00 pm Concurrent Sessions

3:00 - 3:15 pm Poster Session; Networking Break & Exhibitors

3:15 - 4:45 pm Concurrent Sessions

4:45 - 6:30 pm Free Time - Rest, relax, enjoy nature

5:00 - 6:00 TTNC General Meeting

6:30 - 10:00 pm Dinner followed by optional Game Night

Sunday, October 20, 2019

7:30 - 8:30 am TTNO Annual General Meeting breakfast

8:30 - 9:00 am Welcome and Program Review, Centering Moment

9:00 - 10:30 am Keynote: Offering TT to Home Care Workers in

Rwanda's Villages — Peninah Abatoni

10:30 - 11:00 am Poster Session; Networking Break & Exhibitors

11:00 - 12:30 pm Concurrent Sessions

12:30 - 1:30 pm Lunch

1:30 Silent Auction Closes; Exhibitors Close

1:30 - 3:00 pm Concurrent Sessions

3:00 - 3:10 pm Evaluations

3:10 - 4:00 pm Closing Ceremony - Pick up silent Auction items

All Meals and Amenities Included in Registration Fee

The Fifth International Congress on Therapeutic Touch® Registration Instructions -DEADLINE 9/15/19

There are several ways you may register for the 2019 Congress and/or Teachers Day.

1. DOWNLOAD AND EMAIL YOUR REGISTRATION FORM:

Download the fillable Registration Form from www.therapeutictouch.org or at TTNO's website at www.therapeutictouchontario.org and save the form to your computer.

Email the completed form to Sue Conlin, Operations Manager at ttia@therapeutictouch.org OR TTNC members may send to Miranda Elmazi in the TTNO Office at memberships@ttno.ca.

If you are paying by credit card, PLEASE CALL. You can safely leave a voice-mail at:

TTIA at 518-325-1185 or TTNO at 416-649-5885. Please speak clearly.

2. MAIL IN REGISTRATION AND PAYMENT:

After downloading the fillable Registration Form:

Print and complete by hand or complete the fillable form on your computer and then print.

Mail the completed form with your cheque or money order to:

TTIA PO BOX 130 Delmar, NY 12054 USA

or

The TTNO 10 Four Seasons Place Suite 1000, Toronto, Ontario M9B 6H7 Canada

3. PHONE IN YOUR REGISTRATION:

If the downloading and completing of the registration form is not how you like to do things, you can call Sue in the TTIA office at 518-325-1185 or Miranda Elmazi @ 416-649-5885 and she will take your registration over the phone. It will help for you to know your preferences in advance. You can pay by credit card, e-Transfer or arrange to mail in your payment.

CONGRESS REGISTRATION AND FEES are all-inclusive. Rates include workshops, hotel room, all meals, all day snacks (healthy & guilty), hotel amenities, gratuities and HST. Day Tripper Rates: include workshops, lunch, snacks, and HST. Day Trippers may purchase Breakfast & Dinner separately. Contact TTNO office for additional meals.

THE VENUE: THE KINGBRIDGE CONFERENCE CENTRE

12750 Jane Street, King City, (Toronto), Ontario Canada L7B 1A3

RESIDENTIAL GUESTS Please Read Before Completing Your Registration

We have either single, double or triple accommodation rates. The rooms at the Kingbridge are spacious and members can share a room with 2 double beds to accommodate 1 or 3 persons per room. If you prefer to share a room, we ask that <u>you choose your roommates in advance.</u> Please include those names on your registration form – also confirm that they will register as well before selecting them as roommates. If you need help finding a roommate, please note that on your registration and you will be contacted.

All overnight packages, whether for the Congress only or Congress and Teachers' Day, include everything except your bar costs or personal items. To view the amenities visit www.kingbridgecentre.com

TEACHERS' DAY will be held on Friday October 18^{th} and is open to all TT Teachers and those interested in becoming a teacher, or learning more about teaching TT.

NOTE: Presenters and Committee Member may deduct 17.5% from the member price manually on the registration form *where indicated*.

NOTE: Non-members must add 10% to the member price manually on the registration form $\underline{\textit{where}}$ indicated

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I will use this weekend as an Education Component toward maintaining Recognized Practitioner status.															
I wish to provide a session under supervision for recording in my "Practitioner Workbook".															
OTHER INFORMATION									METHOD OF F				PAYMENT		
	I am willing to volunteer at the conference								Cheque or Money (
	I need a ride from: I can give a ride from:							Pay By:	eTransfer – Contac						
	My roommate will be:						Number/	credit Card (MC/Visa) American Express xp Date SC:					(TTIA)		
I need help finding a roommate:							Do not e-mail credit card information								
I need reserved seating/special accommodation:					nn:		For A	For Assistance contact the TTIA office at: 518-325					<u>25-1185</u>		
Specify:				····		or the TTNO office at: <u>416-649-5885</u> or email TTIA at: <u>ttia@therapeutictouch.org</u>									
Dietary Needs- Specify:						or TTNO at: <u>memberships@ttno.ca</u>									

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Schedule of Concurrent Sessions Select one for each time slot with an X

Please note - many sessions have more than one topic within the time frame allotted

Satu	rday October 19, 2019 1:30 – 3:00 PM	
	The Enigma of Healing: Explorations from the Montana Dialogues - Mary Anne Hanley;	
7 1.	Deepening the Reflective Process in CARER Notes and Beyond - Tama Recker	
В.		
	TT in the Oncology Setting: Evolution of a Practice in	
	an Academic Medical Center - Jennifer Browning and Amy Lindsey	
С.	A Healing Journey Through Storytelling - Peta Nottle;	
	Global Warming: Exploring TT's Potential to Support a Paradigm Shift - Jody Falconer;	
	Examining the Relationship between TT and Integrative Nursing	
	to Facilitate the Global Expansion of Healing - Tamara Wardell	
S-+	rday October 10, 2010 2:15	
	rday October 19, 2019 3:15 – 4:45 PM	
D.	Partnering with the Unseen - Maria Arrington;	
_	Making the Quantum Leap into the Future of TT - Beth Hagedorn	
E.	Therapeutic Touch for Self-Care - Crystal Hawk and Alison Cooke	
	Enhancing Self-Empowerment in TT with Intention, Frequency - Michelle Greenwell & Natasha Polomski;	
F.	Evolution of Healing in Scottsdale, AZ - Gladys McGarey & Rose Winters	
Sunc	day October 20, 2019 11:00 – 12:30 PM	
G.	TT & Attachment: The Healing Power of the Psychodynamic - Kathy Wilmering	
Н.	Relevance of a Working Model for a Theory of Healing derived	
	from the practice of TT - Chery Ann Hoffmeyer;	
	TT Research: Dispelling the Myths - Denise Coppa	
I.	Cracking the Code of Healing - Diane May	
Sunc	day October 20, 2019 1:30 – 3:00 PM	
J.	Engaging the Public-Bringing Therapeutic Touch	
	into Community-based Practice - Deborah Gould;	
	Growing, Nurturing and Sustaining Compassionate Communities through Therapeutic	
	Touch - Kathleen Barnett & Kathleen Cody-Guastella:	
K.	Learning from Dora's Knowing - Cherry Whitaker;	
	Living as a Whole Person by Dora Kunz - Laura Pokoradi	
L.	Awakening What has Always Been: Experiential Journey of Therapeutic Touch with	
	1st Nations Community of BC - Judith Schweers, Margaret Anne Budd & Nancy Cornell	