

2023 THERAPEUTIC TOUCH® RETREAT PARTICIPATION INFORMATION

- ☐ I am a TTNO Member. ☐ Recognized Practitioner. ☐ Recognized Teacher.
☐ Other. ☐ I am workbook practitioner. (working towards RP status)
☐ I attend a practice group in _____

My personal contact information ☐ may be shared with participants,
☐ used to inform me of future retreats and workshops.

signature

I agree that my picture/video may be used for _____

signature

- ☐ TTNO website, ☐ In Touch Magazine,
☐ Promotional materials.

A THERAPEUTIC TOUCH® RETREAT

Is an opportunity to come together with other TT'ers to:

- relax and rejuvenate.
- share stories.
- experience a wonderful feeling of group understanding & acceptance.
- meet old friends and make new ones.
- share questions & answers regarding our practice of TT.
- keep up to date with a healing modality that is constantly evolving
- both give & receive TT treatments.
- take time out from our *busyness* in the world to go within.
- change & expand our perceptions
- reconnect in person
- breathe
- have fun

*As always **INTERESTING** Entertainment*

Registration : 4:00 pm
Dinner: 5:30 pm
Evening Program: 7:00 pm

For Further information contact:

Patricia at 613-625-2277
ttearthwalks@yahoo.com

TWENTY-FOURTH ANNUAL EASTERN ONTARIO



The Galilee Centre
Arnprior, Ontario

May 5th, 4 p.m.
to
May 7th, 4 p.m., 2023

Facilitated by:
Patricia Tamosetis

Special Guests:
Nancy Hall & Anne Davies

*Please Note: All Covid Regulations
and Protocols Will Be Adhered To*

RETREAT FACILITATOR

Patricia Tamosetis

Therapeutic Touch changed how I walk in this world. I am actively involved in all aspects of this amazing modality. I am privileged to be both the TTNO workbook coordinator and Professional Development Day coordinator. I have gained so much from both roles. I am a volunteer with the Madawaska Valley Hospice sharing my Therapeutic Touch (TT) skills coordinating TT and working with clients directly.

I love the outdoors connected to the earth, I am most at home surrounded by the natural world.

SPECIAL GUEST

Anne Davies

Anne will share her knowledge and experience around grief.

I am inspired by and recharge in the peace of Nature, especially being near water and surrounded by trees. I believe that loss is one factor of life and we all experience many types of loss every day, and throughout our lifetime. Grief is how loss manifests in our minds and bodies. Through courses, workshops and life experiences, I have learned many rituals and practices that help to keep Grief moving throughout our energetic bodies. I am honoured to share some of these with you this weekend.

This weekend is intended for everyone to enhance our comfort and awareness of palliative care and to offer tools for coping with grief. Dying is a life experience and we all have friends, family or acquaintances who have died. This weekend is meant to explore and enhance our ability to be there for ourselves and for others. You do not have to be directly involved with hospice palliative care to participate.

PREREQUISITES: Level 1 or Foundations of Therapeutic Touch®



**Therapeutic
Touch** Network
of Ontario

Pending approval by the TTNO for achieving or maintaining RP status.

Earth brings us into life and nourishes us.
Earth takes us back again.
Birth and death are present in every moment.
- Thich Nhat Hanh

SPECIAL GUEST

Nancy Hall

A Therapeutic Touch practitioner and 20 years as a recognized teacher. Nancy incorporated Therapeutic Touch into her hospice palliative care practice as a nurse in the community with the Victorian Order of Nurses, as a palliative care consultant with the Region of Peel and as an administrator at Bethell House Hospice, a residential hospice in Ontario.

On the planning team for the opening of Bethell Hospice, Nancy ensured the integration of Therapeutic Touch and other complementary therapies as part of the holistic approach to care for residents and families.

Nancy teaches Therapeutic Touch to staff and volunteers in the hospice palliative care sector. She is a strong advocate for Therapeutic Touch to be learned by everyone for self care and care of family.

Nancy will guide us as we explore

'Integrating Therapeutic Touch® Into Hospice Palliative Care'

You are invited to release any preconceived notions you may have regarding hospice palliative care.

Using self reflection, dialogue, experiential exercises we will explore the Therapeutic Touch concepts of presence, compassion, wholeness as we meet clients and their families wherever they may be in the trajectory of their illness, whether recently diagnosed, receiving active treatment, in remission, approaching death or grieving a death. Therapeutic Touch is an integral element of the approach to care for best outcomes in this journey into wholeness.

***Rejuvenate and refill while deepening
your Therapeutic Touch skills.***

Please Register ASAP

For Further information contact:

***Patricia at 613-625-2277
ttearthwalks@yahoo.com***

2023 THERAPEUTIC TOUCH® RETREAT REGISTRATION FORM

Includes: workshop fee, handouts, accommodations & meals & entertainment.

- ☐ \$450.00 Single occupancy (single bed) ☐ \$470.00 non members
☐ \$430.00 Double occupancy (single beds) ☐ \$450.00 non members Room Mate
☐ \$375.00 Commuter fee everything but accommodation ☐ \$395.00 non members

A \$45.00 non-refundable deposit is due upon registration. Balance due March 31st, 2023 (please include a post dated cheque with the balance) If you are using e-transfer send it to Patricia at ttearthwalks@yahoo.com

Note: We have until then to cancel rooms and food.

Name: _____ Tel: _____

Address: _____ City: _____ Postal Code: _____

Email: _____ Any Special Food Requirements: _____

TO REGISTER: Mail (or email) this form (complete on ***both sides***).

Please make cheques payable to:

Patricia Tamosetis, 312 Trail Blazers Rd., RR#1, Golden Lake, ON K0J 1X0,
There are a limited number of spaces so register early to avoid disappointment.

