Sixteenth Annual Ontario Advanced Intensive Therapeutic Touch Retreat:

## “Inspirations & Echos”

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### Puslinch, Ontario

 Prerequisite: Foundations or Level Three preferred

Thursday Evening to Sunday Afternoon

June 11 to 14, 2026

At the **Crieff Hills** **Retreat Center**, Puslinch, Ontario

# Facilitated by Laura Pokoradi and Diane May

This 3-day workshop in a retreat setting offers participants the opportunity of experiencing the living and sharing of Therapeutic Touch in a loving supportive environment and offers:

* A review and discussion of the principles and practice of TT
* Completing workbooks
* Daily practicum under the trees, allows each to give, receive and observe a session
* Giving and receiving valued feedback
* Increasing insights and sensitivities
* Working with and observing other practitioners increase your confidence & ability.

**This year’s theme is: Fine Tuning your Inner Healer.**

We will explore exciting insights on how it applies to your Therapeutic Touch practice.

Walk the trails on the grounds, walk the Labyrinth, or make a camp fire!

Enjoy creating “nature crafts”, and our fabulous Talent Night!

Wholesome food (vegetarian available), the beauty of nature, and the laughter of this

wonderful group of TTers contribute to an unforgettable experience.

**The 16th Annual Ontario Advanced Intensive Therapeutic Touch Retreat:**

**“Inspirations & Echoes”**

(Fashioned after Pumpkin Hollow retreat)

A Unique experience

Its history: for many years Therapeutic Touch practitioners made their way to Therapeutic Touch programs at Pumpkin Hollow Farm retreat center, NY and Indralaya, Orca Island, WA. It was a precious opportunity to study with the developers of this modality, Dolores Krieger, PhD, RN and Dora Kunz. Then for 21 years Crystal Hawk and Mary Simpson ran the Ontario retreat.

Laura and Diane have chosen to follow that tradition and are offering the “Inspirations & Echoes” retreat. We are embracing the echoes of past traditions and sharing inspirations for coming retreats.

Diane and Laura have attended these 5 days PHF Advanced Invitational Healers Workshops; Diane since 1984 and Laura since 1999. Both have had the opportunity to present to colleagues and students. Diane has also attended and presented at the Camp Indralaya workshops as well since 2000. Diane was facilitator for the Pumpkin Hollow’s Advanced Invitational Therapeutic Touch workshops, from 2000 to 2019.

Location details:

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| --- | --- |
| **Accommodations:** spacious double rooms with 2 double beds, with full bathrooms. (Rooms assigned as registrations are received.)  **Roommates:** Please let us know if you wish to room with someone specific. There are rooms on three levels; please let us know if you require a main floor room. (others are one flight up or down)  **Bed linens**: provided. Bring your toiletries.  **Meals:** Vegetarian is available. If you have **special medical dietary** needs, please let us know in advance. There may be an additional charge per meal.  A small refrigerator is available for your use. We’ll have evening snacks. Suggest bringing your own water bottle. | **Articles for sale**: TT books and TTNO items will be for sale. Registrants may bring items to sell, but must supply their own display table. Giveaway/exchanges are welcome.  **Transportation**: If you can give/would like a ride, please note it on the registration form.  **Plan to arrive** after 3:30 pm, check in at 4, on Thursday afternoon.  **Dinner:** 5:30 to 6:30 pm. **Program** starts at 7:00 pm.  **Talent night:** Bring ideas & costumes.  Bring arts and crafts to share. (If you wish to teach a craft, let us know the cost.)  **Please no perfumes.** |

Map quest directions: 7098 Concession 1, RR#2, Puslinch, N0B 2J0

Visit the website: www.crieffhills.com

TTNO website: the retreat is listed in “News & events”

FULL ATTENDANCE AT THIS RETREAT IS ACCEPTED AS CREDIT TOWARD ACHIEVING or MAINTAINING THE TTNO RP STATUS.

For additional information:

Laura Pokoradi, hm 905- 385-9217, cell 905-5217-2714 [peaceandlight334@gmail.com](mailto:peaceandlight@sympatico.ca)

Diane May [dianemay.com@gmail.com](mailto:dianemay.com@gmail.com)

Mail the completed form to: Laura Pokoradi, 11 Glenayr St., Hamilton, ON, L9C 7C1

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THERAPEUTIC TOUCH ONTARIO RETREAT 2026, REGISTRATION FORM

 Fee enclosed $; for double occupancy. Final price TBA when Crieff posts prices for 2026

Payable to “Therapeutic Touch Retreat” (Cheques, or E-Transfer) Please print clearly

Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_­­­\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

E-mail: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_­­­­­­\_\_\_\_\_\_\_\_\_\_\_\_\_\_

City: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Prov. \_\_\_\_\_ Postal code: \_\_\_\_\_\_\_\_\_

I’m a TTNO  RP  RT  I first studied TT \_\_\_ years ago  I’m doing my Workbook

 This is my first Ontario Advanced Retreat  This is my first retreat experience

RIDES:  I need a ride from: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  I can give ride from: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

** Medical Dietary restrictions**: If you require special meals, please let us know; including allergies. There may be an additional charge. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 I’d like to have the following discussed: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 I offer to facilitate the discussion. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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 I’d like to give a TT related \* mini-presentation on\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 I can present a recreational\* activity on \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*please include an outline of the presentation or recreational activity, including your material costs.

I’d like to reserve a space to sell \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Please bring your own table.

Anything else you’d like us to know? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_