



2025 TTNO Conference – November 7-8, 2025

2-DAY ZOOM AGENDA

FRIDAY	NOVEMBER 7	
6:00 pm	OPEN ZOOM – early admission and attendance	
6:30 – 6:40 pm	Land Acknowledgement Welcome to Conference and Housekeeping Meditation	Debbie Brear
6:40 pm	Introduction of Laura Pokoradi	Patricia Tamosetis
6:45 – 8:00 pm	Sending versus Offering Energy in Therapeutic Touch®	Laura Pokoradi
8:00 – 8:15 pm	Does Therapeutic Touch Awareness Week really work? Almost 10 years in.	Therapeutic Touch Task Group
8:15 – 9:30 pm	Social Time	ALL
SATURDAY	NOVEMBER 8	
8:30 am	OPEN ZOOM – early admission and attendance	
9:00 – 9:15 am	Land acknowledgment Welcome and Housekeeping Opening meditation	Nancy Hall / Dale Cimolai
	Introduction of Heather Plett and Krista dela Rosa	Nancy Hall / Dale Cimolai
9:15 – 9:45 am	Workshop One: <u>Exploring Liminality</u> Anchoring Liminality in Therapeutic Touch	Heather Plett and Krista dela Rosa
10:45 – 11:00 am	Break	
11:00 am 12:30 pm	Workshop Two: <u>Becoming a Grounded Guide</u> Therapeutic Touch principles are embedded in the presentation	Heather Plett and Krista dela Rosa
12:30 – 1:15 pm	Lunch	
1:15 – 1:30 pm	Movement oriented-Regathering/Meditation	Dale Cimolai
1:30 – 3:00 pm	Workshop three: <u>Being the Bowl</u> Core needs shape us (Safety, Belonging & Identity). We behave differently in times of liminality.	Heather Plett and Krista dela Rosa
3:00 – 3:15 pm	Break	
3:15 – 4:30 pm	Practicum	All
4:30 – 5:00 pm	Large Group Dialogue	All
	Closing	Nancy Hall / Dale Cimolai